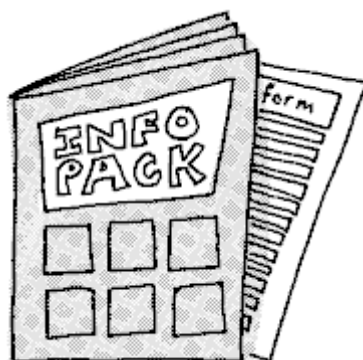




**Shared Lives Southend**



# **Service User Guide**

(For Service Users living with Shared Lives Carers)



You may need help to understand this booklet.

This guide will tell you about Shared Lives.

It will tell you about the **Shared Lives Southend**.



If you have any **questions**



or you **want more information** about Shared Lives

please contact

**Jennie Andrews** or **Alex George**  
Shared Lives Southend  
CTPLD  
Civic Centre  
Victoria Avenue  
Southend on Sea  
Essex SS2 6ER



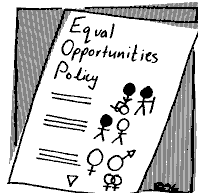
**01702 534282** or **01702 534293**



## Shared Lives Southend

Shared Lives can offer somewhere to live with help and support.

Shared Lives can offer somewhere to stay for a short break.



## Equal Opportunities

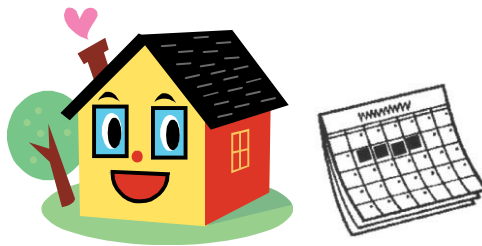
We make sure that:

- we treat everyone fairly
- everyone gets the help they need

# What is Shared Lives?



- Shared Lives can be **somewhere to live**



- Shared Lives can be **somewhere to stay for a short break**



- Shared Lives Southend helps people find a new home, living with **Shared Lives Carers**.



# Carers



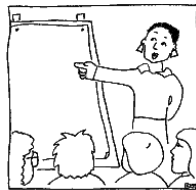
Some carers live alone



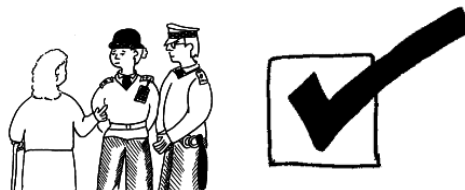
Some carers live with a partner



Some carers live with their children



All our Shared Lives Carers have been trained.



All our Shared Lives Carers have had police checks.



## Finding the right Shared Lives Carer



We will tell you about Shared Lives Carers you could live with.

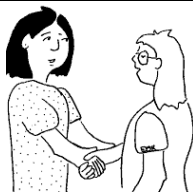
You will get all the help you need.



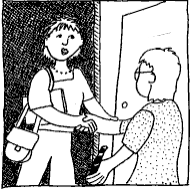
We will help you find a Shared Lives Carer to suit you



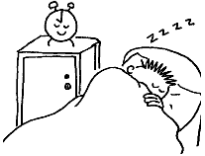
We can show you photographs of the Carers and their home



You will be able to meet the Carers.



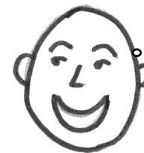
You can visit them a few times so that you can get to know each other.



You can sleep there once or twice.



Then you can try living with the Carers.



Living there will help to know if it is OK for the Carers and you



If the Carers agree you can move into your new home.

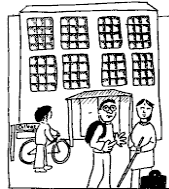
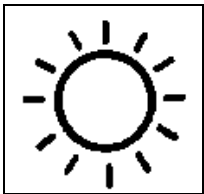
We will help you move.

# Service User Plan

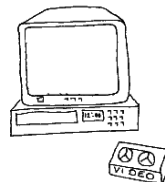


We will help you write a **Service User Plan**.

The **Service User Plan** will tell the Carers all about you.

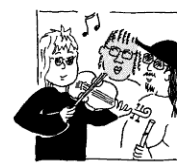
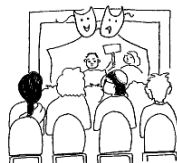


It will show carers what you do in the daytime




It will show carers what you like to do in the evenings

Mon	Tues	Wed	Thurs	Fri	<b>Saturday</b>	<b>Sunday</b>
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It will show carers what you like to do at weekends

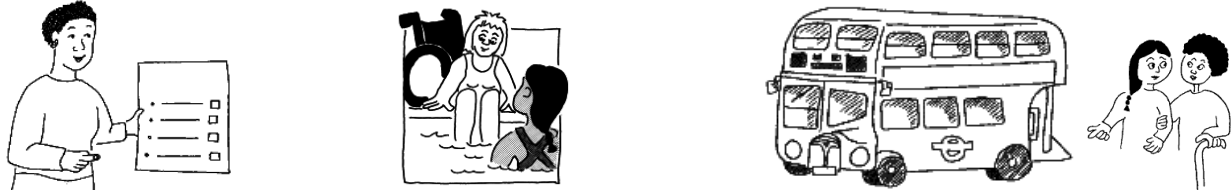




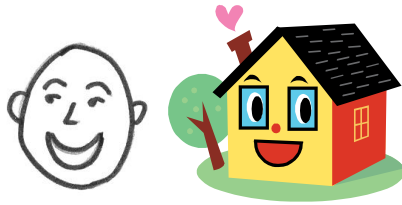
**Your Plan** will say what new things you would like to do and learn



**Your Plan** will say what help you need to look after yourself



**Your Plan** will say what help you need to do things you want to do



# In your new home



When you are in your new home we will have meetings



The meetings are for you and your Carers



We will ask if you are happy.



We will ask if your Carers are happy.



We will ask if anything needs to change



In your new home you will be treated with respect



In your new home you will be treated like a member of the family

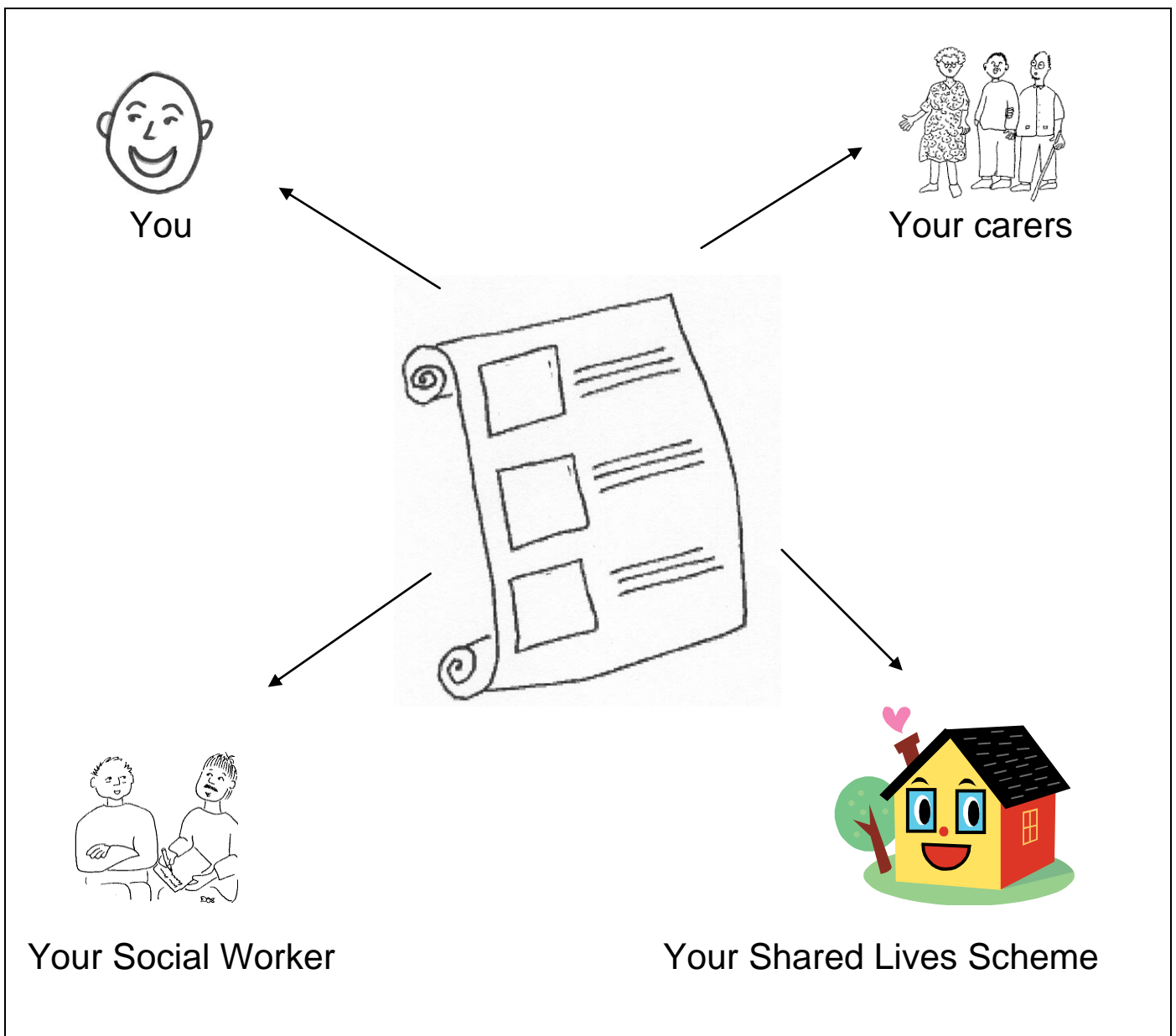


You must respect people who live with you.

# Placement Agreement



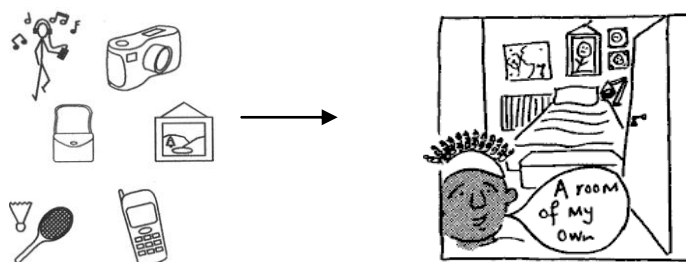
You will have a **Placement Agreement**.



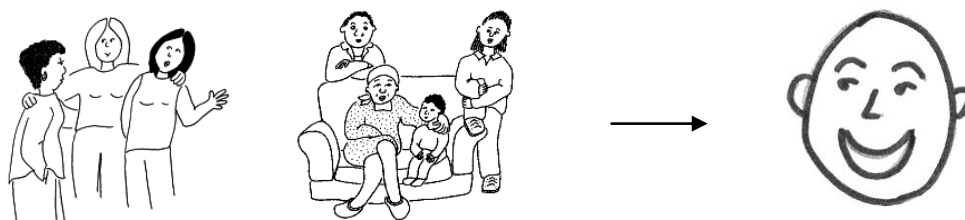
The **Placement Agreement** will show what everyone will do



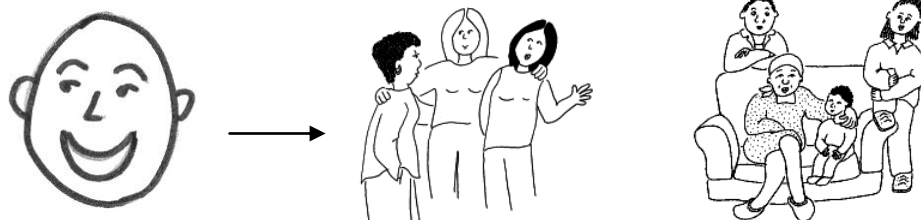
## In your Shared Lives family home



You can have your own room and put your own things in it



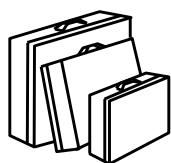
Your friends and family can visit you



You can go to see your friends and family



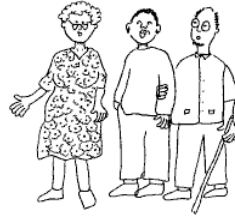
Your Carers will be happy to go out with you to do the things you like



You will be able to go on holiday



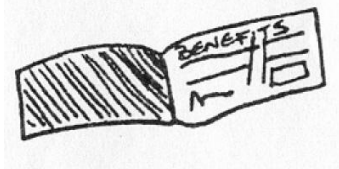
# Money



**Your carers** will get money each week to help pay for your placement

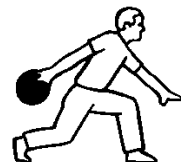


**You** will also give some money to help pay for where you live



This will come out of your benefits

We will tell you how much to pay



**You** will have money left to buy things for yourself and to do things



**Your carers can help you with things like**



managing your money



making a cup of tea

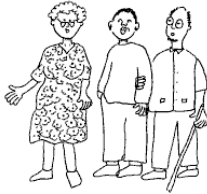


making a phone call



having a bath





## Your carers can help you with things like



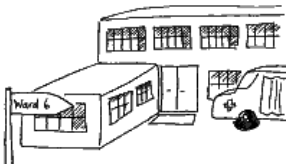
taking your medicine or tablets



getting dressed



going to the doctors



going to hospital



Things your carers know about you are private



They will only share the things they know with other people



- to get help you need

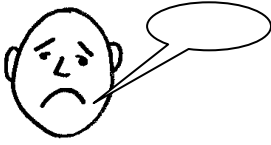
or



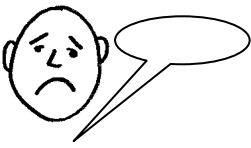
- to keep you safe



## If you are not happy about your Shared Lives placement



talk to your carers



talk to your Social Worker or Shared Lives Carer



## If you are still not happy



You can make a complaint

You can move out of your placement into another Placement.

You can move on to different accommodation.



Your Social Worker or Shared Lives Carer can contact someone to help you





## If you want to know more about Shared Lives



You can ask your Social Worker

Name.....



.....



You can ask your Shared Lives Carer

Name.....



.....



We will be pleased to help you